



## SERVICES

### INTUITIVE LIFE COACH

Mavis will help you co-create your future. Mavis believes that everything happens to us to help us grow towards our goals in life. She will help you understand that the ability to bring compassion into your own life will help balance the swirls of confusion.

### OTHER SERVICES INCLUDE:

- Intuitive Coaching
- Soul Retrieval
- Medical Qi Gong
- Heart to Heart talks (Platicas)
- Limpia's
- Axitional Attunement
- Psych-k
- Folk Healing Techniques
- Herbalist
- Traditional Healings
- Sound Therapy
- Aromatherapy
- Quantum Healing
- Integrated Medicine



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**Mavis Salazar**

## Wise Women Intergraded Medicine



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## ABOUT MAVIS

A native of Denver, Colorado, Mavis has been studying Integrative Medicine for the past 26 years. She is certified in



many modalities including: Reiki, Medical Qi Gong, Herbalism, Aromatherapy, Crystology, Sound and Color therapy, Divination, and others. With over 15 years of professional experience, Mavis will give you insights on how you can take the necessary steps to heal your mind, body and soul. Mavis' extensive training adds depth to her remarkable intuitive abilities.



White Buffalo Calf Woman  
Native American Goddess of Peace  
© 1999 by Mavis Salazar

She has studied with the healers in Mexico, Christian mysticism in Scotland and is a certified life coach. Mavis believes that finding the true essence of one's self, combined with compassion and love, leads to the ability to create miracles.

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## WISE WOMEN INTERGRADED MEDICINE

### CURANDISMO - WISE WOMEN MEDICINE

#### Heart to Heart Talks (Platicas)

A Platica is a deep heart-to-heart talk. This opens the door to see where the core problems have started, releases emotional crisis and allow healing journey to begin.

#### Limpia – Cleaning of the Soul

Using the egg and other tools, the Limpia releases trauma that has been stored in the energy (aura) filed. After a session, the egg is dropped into water and analyzed.

#### Soul Retrieval

This is the recovery of parts of the person that has been left behind, lost or stolen. Many times when you feel tired or sick it is because a part of you is no longer around. The Soul Retrieval retrieves all lost fragments of the soul to make the person feel at peace and whole once more.

#### Herbs, Teas and Remedies

By using plant medicine I work with the plant to help relive body toxins. Many herbs work together synergistically and act as natural tonics to various body organs and systems. By improving general health and organ function the body is better able to heal itself.



#### Espiritualista - Spiritual Readings

Spirit Guides and messengers are always around you, but so many times it's hard to hear the message. As an Espiritualista, I'm able to interpret the messages they have been sending. Many times these guides come as angles, spirits, and grandparents. They also come to me as animal, pets or even people who are still living.

## ENERGY MEDICINE

### TAO ENERGETICS

Tao Energetics is based on releasing stress from the mind, body and spirit. There is a mind – body – spirit connection existing within each healthy person. With disease (chronic, acute, physical or emotional), this relationship is out of balance.



Tao Energetics technique is a non-invasive, touch-free method that locates weak points and blocked energy. Once these trouble spots have been located, an energetic correction is performed, which focused energy on the midline of the spine. This process is repeated as weaknesses are found and corrected layer by layer. When the process is complete, the person experiences an energy shift, and balance is restored to the whole person.

### QIGONG MEDICINE

- Chinese Qigong is a 3,000 year old, mind/body system of gentle, balanced movement, breath regulation, and concentration/ imagination practices that complement modern, Western medicine.
- All Qigong practice begins with mind/body relaxation. It reduces our stress and enables us to feel Qi, get Qi, and use Qi. Qi is our life energy, essential to healing and health.
- Qigong practice opens our natural potentials